



**Abhaya Yoga Online 200 Hour Teacher
Training Date & Times March 21- May 23**



Sundays 9am-11:15pm, 12-3pm
March 21, April 11, 18, 25 May 2, 9, 16 & 23

Mondays 9am-12pm*
March 22, April 5, 12, 19, 26, May 3, 10 & 17

Wednesdays 12-1pm*, 6-9pm
March 24, April 7, 14, 21, 28, May 5, 12 & 19

Fridays 12-1pm*
April 9, 16, 23, 30 May 7, 14 & 21

*Sessions will be recorded live attendance not required.